



HOUSTON WOLVES SOCCER CLUB

"The Strength of the Wolf is in the Pack"

Post-Training Questionnaire for Parents

Attention, Parents of Future Soccer Stars!

As your child embarks on their journey with the Houston Wolves Soccer Club, we understand that you're keen to support their growth both on and off the field. That's why we've compiled a comprehensive list of questions to help you delve deeper into their training experiences and aspirations. This isn't just any questionnaire – it's a valuable tool to ensure your child gets the most out of their soccer journey. So, grab a seat, get ready to dive in, and let's uncover the exciting world of soccer development together!

- **What exercises did you do today in training?**
 - Can you describe the practice in more detail?
 - How did you feel about performing the exercise?
 - Did you find the exercise challenging or easy?
- **Can you explain one activity you did and how it helped improve your skills?**
 - How will this exercise help you in a game situation?
 - Have you done this exercise before? If so, how was this time different?
 - Can you think of a specific moment in a game where you could use this skill?
- **What did the coach focus on during the session today?**
 - Can you give an example of what the coach talked about or demonstrated?
 - How does the focus of this session relate to the team's overall goals?
 - What did you learn about the coach's coaching style from this session?
- **Did you learn any new skills or techniques today?**
 - Can you show me what you learned?
 - How does this new skill fit into your current playing style?
 - Have you tried using this new skill in a game before?





- **How do you feel about your performance in today's training?**
 - What did you do well?
 - What do you need to work on?
 - How can you improve for the next training session?
- **Did the coach give you any feedback or advice?**
 - Can you share what the coach said?
 - How will you use this feedback to improve?
 - Do you agree with the coach's feedback?
- **What are your goals for the next training session?**
 - How do you plan on working towards these goals?
 - Are there any specific exercises or activities you want to focus on?
 - Have you talked to the coach about these goals?
- **Are there any areas you need to improve on?**
 - Can you give an example of when you struggled with this aspect?
 - How do you plan on improving in this area?
 - Have you talked to the coach about this?
- **Did you have the chance to play a scrimmage today? If so, how did it go?**
 - Can you describe a specific moment in the scrimmage?
 - What did you learn from the scrimmage?
 - How can you use what you learned in a game situation?
- **Are there any upcoming games or events the team is preparing for?**
 - What role do you see yourself playing in these games or events?
 - How do you plan on preparing for these games or events?
 - Do you want to work on any specific skills or strategies before the game or event?

Asking your child these questions can help you understand what they learned during the training session and what they need to work on. This can also be an excellent opportunity for your child to reflect on their performance and growth. Thank you for supporting your child's soccer journey!